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The Winonan

Winona State University

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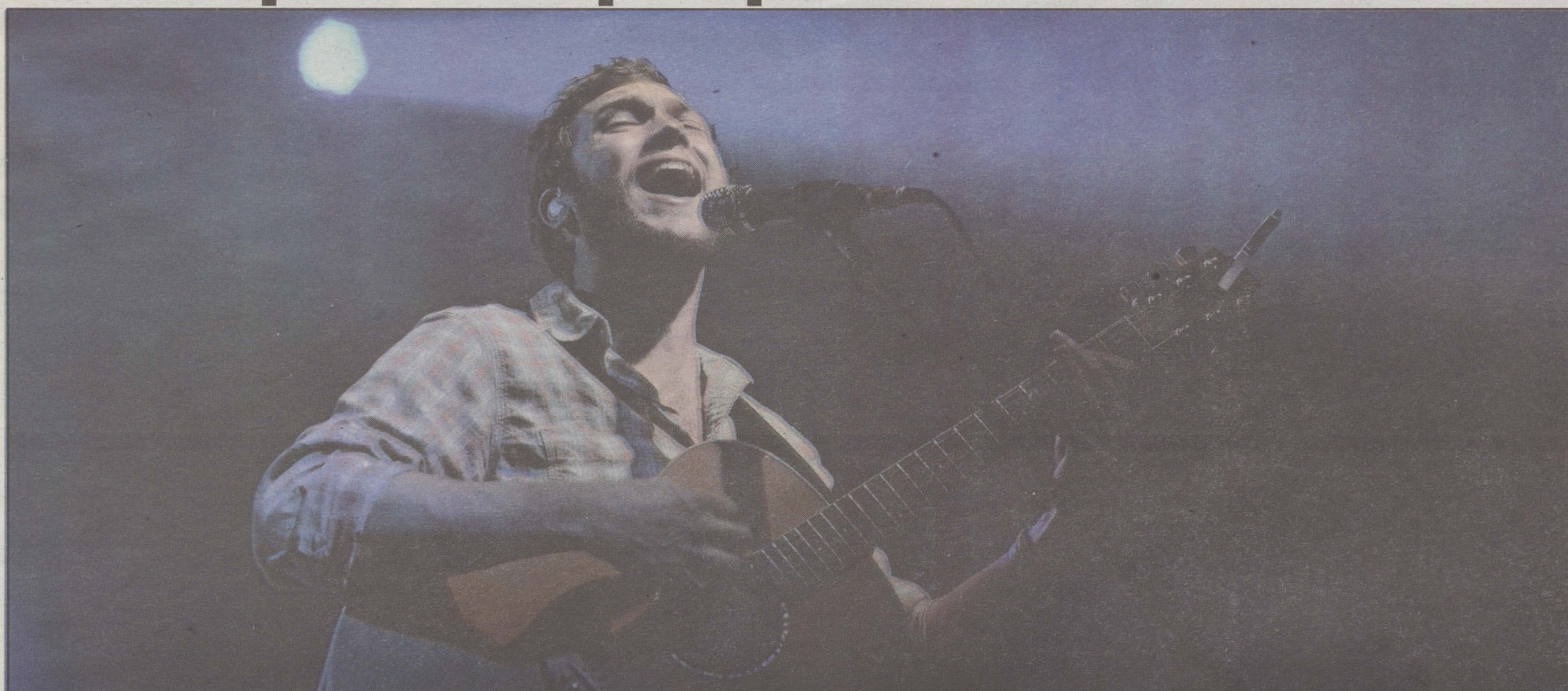
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Phillip Phillips performs at WSU



Phillip Phillips performs both original and cover songs for a sold out crowd in McCown Gymnasium.

Brad Farrell/Winonan

Marcie Ratliff
Winonan

American Idol winner Phillip Phillips made Winona State University's McCown Gymnasium feel like "Home" last Friday.

Tickets to Phillips's highly anticipated show sold out 19 days before the concert.

Danielle Stone, concerts director for the University Programming Activities Committee, or UPAC, said Phillips was an ideal artist for a college campus.

"It's hard to pinpoint a genre for him," Stone said. "There are so many genres in his music that it tends toward non-genre."

Phillips's act came on the

heels of two country artists, so many students were hungry for a change. "I wanted to refocus the concerts committee back on students," Stone said.

Stone said she and UPAC have received barely any negative feedback. In the weeks leading up to the concert, they received calls for more tickets, even though they were sold out.

Phillips, who took time before the show to meet with media representatives, said college students make an ideal audience. "I want to connect with people around my age," he said, emphasizing that he wants to build a fan base for the future.

Besides, college students "will let you know if it's good or not," he said.

As a 22-year-old, Phillips connects with the kinds of hard decisions a college student faces.

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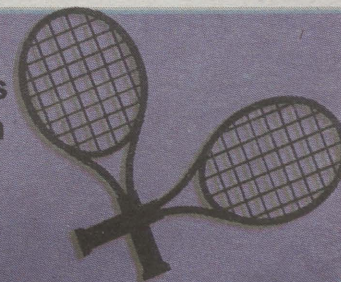
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PHILLIPS

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"That's what I was trying to figure out before all this," Phillips said of his non-musical career.

Phillips said his brother-in-law, Benjamin Neil, a fellow musician, has influenced his music, but he also looks to experiences he has in everyday life. "You see a movie that makes you feel good," he said,

and that inspires a song.

His creative process is organic. "I need some rest, a day on the guitar, I mumble some words. I don't like to rush songs, so if it's not happening in 35 to 40 minutes, I'll stop," he said.

"The World from the Side of the Moon," Phillips's debut album, came out in November

and was put together in four weeks. "I feel it represents me musically and lyrically," he said.

However, Phillips said he would like more time on the next one. "I'd like to have a lot more fun," he said. "The last album was a little bit more rushed."

Phillips said conquering pre-

concert jitters is a challenge for him. "I pace around a lot, I get nervous, eat a lot of cough drops, drink a lot of tea."

However, by the third song or so, "I get lost in it. It's always kinda like home."

Late Friday night, Phillips's "Gone, Gone, Gone" and "Home" were crowd favorites. He also performed a cover

of "Thriller," featuring Mike Morte from Churchill on mandolin, during his hour-long set.

Contact Marcie at MRatliff09@winona.edu



The crowd listens and sings along to Phillip Phillips in McCown Gymnasium.

Brad Farrell/Winonan

Malaria Hysteria 5K to fundraise for bed nets

Molly O'Keefe
Winonan

Kimberly Bates parasitology class is raising awareness and money for malaria prevention. They are raising funds by organizing T-shirt sales, bake sales and a 5K Walk/Run.

The Malaria Hysteria 5K Walk/Run will take place at 9 a.m. on Saturday, April 20 at the Small Lake Pavilion.

Tiffany Arcand, one of Bates parasitology students, is in charge of organizing the event.

"We received the Warrior Grant from the Student Senate, which will go a long way in helping to fund the event," Arcand said.

All of the funds raised by the Malaria Hysteria 5K and other events sponsored by the parasitology class will be used to purchase bed nets for countries in which malaria is a

huge problem.

Arcand said, "Most of the funds will be used to purchase bed nets through an organization that does work in countries where malaria is endemic, while a smaller portion will be used to buy bed nets for an orphanage."

John Nosek will be leading a Tanzania travel study course this summer from May 18 to June 8. He will be installing bed nets purchased with funds from the race in an orphanage there.

Arcand said, "The bed nets will be purchased locally, which will not only help prevent the spread of malaria, but also help the local economy."

Nosek said, "This is actually an initiative from the parasitology course that Dr. Bates teaches here, and she does various fundraising events every time she teaches the class for the idea of malaria prevention. She has agreed to

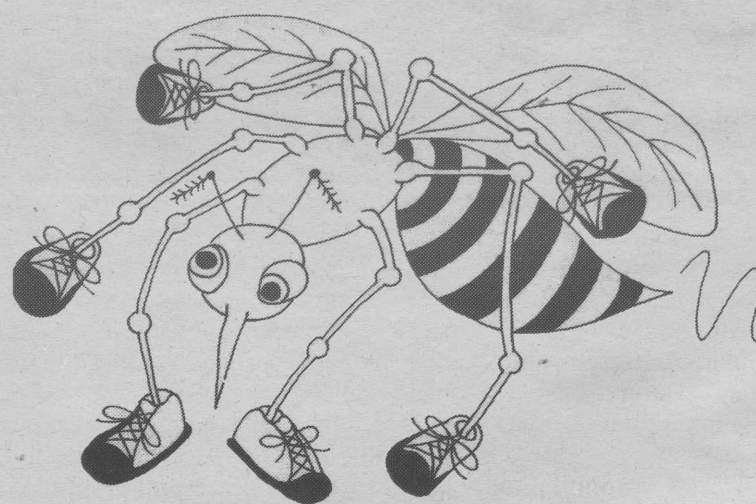
provide us with funding in order to purchase bed nets while we are in Tanzania."

The countries where malaria is endemic are generally poor and cannot afford some of the necessary treatments and preventative measures such as bed nets.

"The sad thing about malaria is that it is actually quite preventable, and even if it is contracted it is quite treatable but it kills a very large number of people every year, mainly children under five," Nosek said.

Registration for the Malaria Hysteria 5K Walk/Run is still open. Race day sign up is open as well. The cost is \$10 and participants will receive a T-shirt.

"I would encourage students to participate just for the sheer altruism of helping people out people who are in need," Nosek



Alicia Alverson/Winonan

said. "It just helps people whose needs are much greater than ours."

Arcand said, "Eighty percent of malaria related deaths are children, and this is a great event to participate in because it will be making a difference.

We encourage all students, staff and members of the Winona community to participate."

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Club raises awareness for astronomy at state park



Students and community members gather to learn more about the different aspects of astronomy.

Sarah Pickar/Winonan

Rebecca Mueller
Winonan

Despite the cold weather and overcast skies, community members gathered for Astronomy Night at Great River Bluffs State Park on the evening of April 13. The event was hosted by geoscience professor Jennifer Anderson and the Winona State University Astronomy Club.

About 40 community members joined Anderson and the Astronomy Club students. These community members included college students, faculty members, students in Anderson's Senior University astronomy class "Our Universe, Our Home," and parents and their children.

"This would be an amazing area," Anderson said. If the skies had been clear, the state park would have offered an open, dark sky environment

that is perfect for stargazing. The park is about 14 miles south of Winona and distanced from the bright lights of town.

Anderson saw this first Astronomy Night as an experiment. She hopes to hold similar events every semester. Saturday's event gave her and the Astronomy Club a chance to do a run-through and work out any kinks.

"Astronomy Club likes to make sure that we get out and get the community involved in astronomy," Mimi Danicic, the current president of Astronomy Club, said. In addition to Astronomy Night, the student organization also hosts StarBQs, holds fundraisers and helps with public nights at the Winona State observatory.

The event included several indoor activities all led by Astronomy Club students. Participants began at the entrance to the park office

and made their way through the adjacent rooms. In the first room, they could hold real meteorites, look at a scale model of the solar system showing planetary sizes and learn fun facts about the state park.

In the adjacent rooms, participants enjoyed children's activities. There were also opportunities to buy hot chocolate, hot cider, treats, astronomy-related craft projects and Astronomy Club shirts that glow in the dark.

Some Astronomy Club students were scattered throughout the building asking trivia questions about the park and about various astronomy topics.

"It's very unfortunate that we're not getting clear weather," Mark Brown, an Astronomy Club member in charge of operating the telescopes outside, said. The

Astronomy Club brought two sun scopes and two telescopes in hopes that the clouds would disappear.

Around 6:30 p.m., Anderson gave an informal talk that covered several topics. She began with a telescope demonstration outside, then brought everyone back inside for a presentation. The audience was encouraged to ask questions throughout the presentation.

During the presentation, Anderson discussed sunspots, the size of the universe, the effects of light pollution and the Chelyabinsk Meteorite. She also discussed celestial objects that might have been visible that night, including the Moon, Jupiter, Saturn and the Orion Nebula.

"It's a really good partnership that we hope to continue on," Mike Dunker, a naturalist at Great River Bluffs State Park,

said. He has been working closely with Anderson and the Astronomy Club to ensure that the event ran as smoothly as possible. The Astronomy Night event is intended to raise awareness about both astronomy and the state park.

Half an hour after the community members headed back home, the Astronomy Club packed up their materials as the clouds finally dissipate.

Brown and Amelia Malmberg quickly reassembled one of the telescopes, and the remaining crowd looked briefly at Jupiter, the moon and Saturn before the clouds returned.

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Students read poetry at Athenaeum

Marcie Ratliff
Winonan

It seems winter, fireplaces and poetry go well together.

At the Athenaeum last Wednesday James Armstrong, professor of the advanced poetry class at Winona State University, said that his class this spring has grown into a writers' community.

"I have a DVD of a fireplace burning, and we've been playing this in class. It's a symbol for the kind of intimacy we've had, which I've really enjoyed," Armstrong said.

April is poetry month, and Armstrong's poetry students gave listeners a poignant reminder of that at the final Athenaeum of the semester.

"We've been doing this for four years now, this Athenaeum piece," Armstrong said. "It's a big step to read poems aloud."

After Armstrong's introduction, the students read their work and had a time for questions after the reading.

Ted Holland, who described himself as "the world's oldest living undergrad," said he writes at the Blue Heron, a restaurant near downtown

Winona, several days every week.

Holland started writing poems about 15 months ago. So far, he's written 835, and being in class discussions has changed the way he writes poetry.

"I was kind of a slave to rhyme and rhythm, and this class freed me from that bondage," Holland said.

Kate Barrett, another student, said the class "expanded my repertoire of poetic subjects and my definition of what can be a poem."

Students credited the

fireplace for the safe space they created in class over the semester, but also mentioned the input they've received from each other.

"The give and take is really important," Holland said.

Barrett said, "There's a culture in our class of positive criticism, and it's an option whether or not to take criticism."

Part of Armstrong's vision for the class is to show students that for poetry, the process is more important than the product.

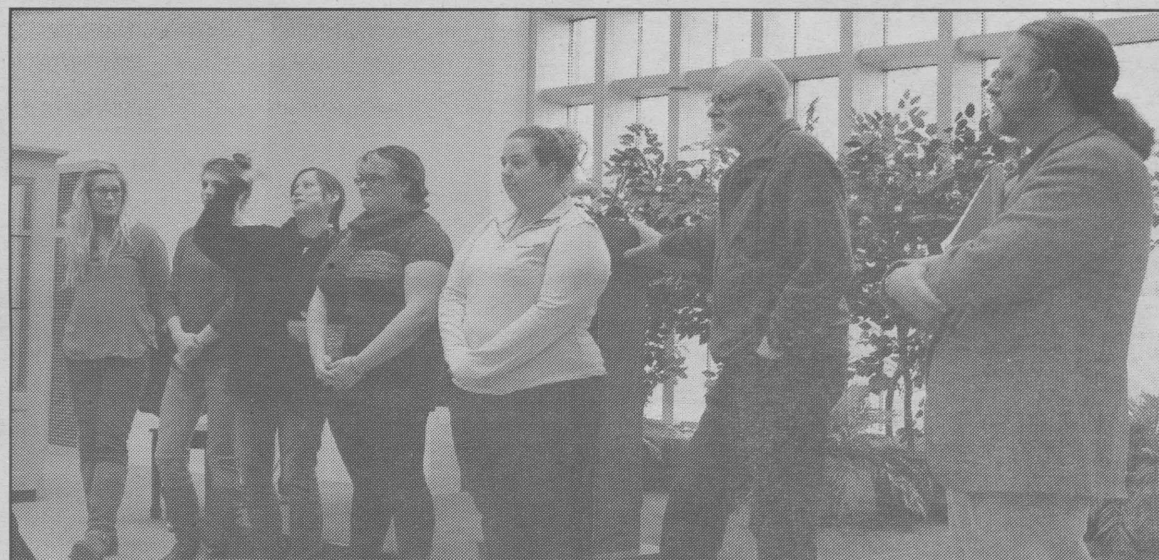
Armstrong said a weakness of

workshops can be "the illusion that you apply everyone's advice and then you have a finished work."

"What you really want is honest feedback," he said. "But often you have to sit and mess with a poem for a long, long time."

Contact Marcie at
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"I was kind of a slave to rhyme and rhythm, and this class freed me from that bondage," Holland, undergraduate at Winona State, said.



Students of James Armstrong's creative writing class gather together in the second floor of the Darrell Krueger Library to read their poetry to the public.

Molly O'Connor/Winonan

2014 budget cuts create controversy

Abby Peschges
Winonan

Proposals over the 2014 Student Life budget by the Student Fee Management Committee, SFMC, have created controversy among students as reports that the art and music department would lose its funding.

The finalized budget passed last Wednesday and ended with cuts only to the shuttle service, which is being picked up by the base budget, and cuts to clubs that no longer exist. The originally proposal included a cut to funding for

the Lyceum series and a one percent increase for students' Student Life Fee; though they were taken out of the final and approved budget.

A budget proposal was leaked three weeks ago to students that the art and music department funding would be cut from the Student Life fee, causing students, like Patrick Manansala, to take action in protest to the proposal.

Manansala took to Facebook to inform students about the possible loss of funding. "The budget proposed...contains an \$84,500 cut in 'music activities.' This includes

promotions for your student recitals, large ensemble concerts and other 'Free Admission' events sponsored by the department."

The budget proposing the cuts to the art and music department was an unofficial submission by Student Senate President, Alexandra Griffin, who was unavailable for comment.

Student Senate Treasurer, and head of the SFMC, Jake Hite said that Griffin proposed the \$84,500 cut under the pretense that it would be picked up by the departments with which they're associated.

Budget cuts were necessary

as Hite explained Winona State University was not in compliance with MnSCU policy, which states that the amount of money in the reserve must be between 25 to 50 percent of the amount of money brought in.

Hite said, "It's hard to understand why we should put money into an account we're not going to use."

The SFMC has been working on budget proposals since the beginning of Thanksgiving and focusing on the Student Life fee since March. Hearings took place for students to offer ideas or defend programs that were

facing cuts.

The Student Fee Management Committee consists of twelve students, four of which are senators, and six faculty, the Dean of Students, Assistant Vice President, Budget Analyst, Associate Director of Student Activities and Leadership, Director of the Student Union and Associate Vice President, CFO.

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Laundry proposal process poses fresh start

Oksana Carlier
Winonan

Winona State University is moving into the laundry proposal process due to the current contract coming to an end, said the Director of Housing and Residence Life.

Paula Scheevel, the director of housing and residence life, said the current contract was a 7-year agreement with MacGray. Now that that contract is up, Winona State moves into a proposal process.

"The merit of proposal determines who gets it," Scheevel said, explaining that this is not a bid process, but instead there are criteria to judge each proposal by.

Advertising for proposals goes into the state register, which is essentially a state newspaper. Scheevel explained that vendors interested in working with Winona State monitor the register.

Furthermore, companies who typically do work in residence halls get an email from Winona State, Scheevel said. The contract is advertised from April 15 until the 26 and the proposals are due on May 14.

"If people are considering putting in a proposal, they may want to come to campus and check us out," Scheevel said, adding that each company will get to ask questions, see if Winona State is the right fit for them, and make sure they are

clear on what Winona State is looking for.

Scott Schradle, system administrator and a part of the request for proposal and final selection process, said that the proposal process is long and complex.

"It ensures that all vendors are proposing similar contracts which helps to ensure we are comparing 'apples to apples' and everyone gets a fair shot at the contract. It also helps to make sure all costs, obligations and expectations are known up front before the contract is signed," Schradle said.

After proposals are submitted, Winona State has two weeks to review each of them with rating forms and select the best fit.

Regarding the current contractor, Scheevel said, "It's more challenging at the end of the term of the contract just because the equipment is older."

Schradle works to fix any problems with the purple pass machines and mentioned that the current company has been good about letting him know when there is a problem.

Schradle also mentioned that there have been some problems with the machines over the last six years, and he hopes to see improvement with the new contract.

"The new thing for us this time around was the campus card program. Before it had been the coin laundry," Scheevel said.

Both the coin and card options

are available for those who do not want to use purple pass and for the conference group that comes in over the summer.

The cable and television request for proposal process is going on right now as well, Scheevel said. All of these contracts will go into effect on July 1, the beginning of Winona State's fiscal year. At this time all of the machines will be replaced.

"This allows for a clean slate, a fresh start," Scheevel said.

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24-hour theatre show raises funds for Project SUCCESS

Leah Perri
Winonan

Students had 24 hours to write, cast, rehearse, build, paint, light, costume and direct three one-act plays on April 12.

Students gathered at 7 p.m. in the Dorothy B. Magnus Black Box Theatre in the Performing Arts Center in honor of this year's fourth annual 24-Hour Theatre Show.

By 7 p.m. on Saturday, April 13, the show was ready for the general public and was performed free of charge with donations being collected for Project SUCCESS, a company in Minneapolis that works with underprivileged kids specifically through the art of theatre.

This year's production was co-produced by seniors Briana Dankers and Molly Daun.

"Our goal is to create professional shows from scratch and use the skills we've learned in theatre classes at WSU to achieve them," Dankers said. "Students are challenged to use everything they've learned and culminate it into one night/day of creativity. It makes us think fast and on our feet, while

working collaboratively with each other."

Counting down the seconds until 7 p.m. on Friday night, Dankers gave a "ready, set, go!" to her fellow students, and everyone set off in different directions. There was no time to spare.

Immediately, the writers were ushered off into their own private conference room, complete with plentiful sugary snacks and caffeine, where they were given four hours to write their scripts. This year's writers included juniors Hannah Jones, Conlan Carter and Lauren Barker.

Meanwhile, the designated play "technicians" determined the stage set up by writing numbers on four different pencils, throwing them at random, and choosing the one that was thrown the farthest. It was determined that the audience would surround the stage on three sides.

The technicians then began sketching the stage layout on a dry erase board. They needed to deliver the layout to the writers and directors as soon as possible so they would have an idea of what they were going to

be working with.

Crewmembers began clearing the stage space. The floor needed to be washed and freshly painted, and props needed to be pulled and set up. Lights were cued and secured.

All during this time, hopeful actors and actresses paired up in the hallway to practice script reading for a play that hadn't even been written yet. Auditions were held in another conference room between 7-9 p.m. Directors made mental notes of each actor's style in order to cast them for a suitable part later on.

Once the plays had been written, directors and stage managers read them over and casted actors accordingly. Directors Kara Eggers, Molly Daun and Ian Parague were each assigned to one of the three shows.

After that, memorization, blocking, costuming and dress rehearsals went into full effect and took up most of the day on Saturday.

Although beginning to fatigue, the crew remained in high spirits.

"The students who participate in this show are always so

excited and proud to show the work we do that no one has ever been brought down by lack of sleep," Dankers said. "We are all fully charged by the time the show begins for an audience!"

Not to mention fully charged on caffeine, thanks to the generosity of Mugby Junction.

Finally at 6:30 p.m. the house was opened up to the public. With limited seating available, the play was first come, first serve. The lights were dimmed; the spotlight directed toward co-producers Daun and Dankers, who were jokingly taking a nap on one of the prop couches.

"It's been a long day," Dankers said, quoting the original WSU alumni producer Ethan Jensen, as the crowd laughed and cheered, and finally quieted down for the performance.

The first play, "A Bedtime Story" written by Jones, was a comedy about a father telling a hilarious fantasy adventure to his young daughter. It was complete with a spritely princess talking rainbow butterfly and evil magic wizard.

Next came "Haunted," a surrealist drama written by Barker, spookily performed in the dark apart from a select few

audience members shining mini flashlights onto the set. Taking a more somber approach, the play was about a young man's haunting guilt over the death of his friend.

Finally, "Pressure Writing," a farce written by Carter, closed out the show. The play depicted five college students writing papers after hours in an academic building of some sort who are accidentally locked in by one of the school janitors and are thrown into a hysterical panic.

The 24-Hour Theatre Show had another successful year, with students' hard work paying off.

"It goes from excitement, to nervousness, to excitement again, then to bone-numbing fatigue and a desire to either sleep or die," Jones said. "But in the end, it's such a rewarding, exhausting experience that although you feel utterly run down, you know you'll do it again next year."

Contact Leah at
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Greenhouse Project reflects student Ecuador trip

Julia Sand
Winonan

Upon returning from Ecuador, junior Jana Diekrager and senior Jorge Segovia, managers of the Greenhouse Project, wanted to show Winona State University what they learned on their trip.

The result is the 6 feet by 5.5 feet and 7 feet tall, impossible-to-miss greenhouse set up near the gazebo, in hopes to "plant a seed" in students' minds to live more sustainably, Segovia said.

"It's sole purpose it so show how feasible reducing, reusing and recycling can be if we make

an attempt," Segovia said.

The Greenhouse Project started after seven students, including Segovia and Diekrager, took a trip to Ecuador from December 31, 2012 to January 8, 2013, visiting women of Ecuador who are fighting to save their beautiful forests from mining.

Segovia came up with the project idea last semester, but actions were taken this semester when he and Diekrager became managers and created a team from professor D'Amico's class this spring.

Winona State students learned

the stories of these women who are focusing their well being on health, education, artisan-work, farming and sustainable alternatives, in hopes to save their land.

The first step was collecting 1,500 2-liter bottles from students, organization, clubs, and community members. The bottles were used to create the life-size greenhouse, which symbolizes living sustainably, climate change and other values the students learned from the women.

Segovia said the purpose is about challenging their thoughts

and way of life, rather than shaming.

Shorter showers, turning off lights and recycling are all small ways students can improve on.

Diekrager said coming together is one significant lesson she took away from the women of Ecuador. It has to start locally, not necessarily nationally, she said.

"I learned about how people, no matter where ever you go, how small of a community it is, how little cash, they can still come together, think sustainably and improve the world," Diekrager said.

The process of building the greenhouse is also symbolic to living a sustainable lifestyle. Segovia said collecting bottles was the hardest part, but with the help and support of others it was made possible.

"It relates to climate change because it doesn't affect one person. It affects us all as a whole—we need to collaborate," Segovia said.

Diekrager furthered this and said, "We have to create a network. That is what the women in Ecuador do; they create an environment."

Building the greenhouse was not success of one person alone, but of a community; likewise, living sustainably and better climate change issues affects everyone, and everyone is needed to come together.

"Seeing how much [the women] really care bout their forest and how much they rely on it, it all relates back to Winona. We should be thinking about that," Diekrager said.

Personally, Segovia said since he started the project, he has become more passionate about recycling. Seeing people throw bottles away angers him, he said.

The project's leaders are hoping that the greenhouse will have created an example that many students will choose to follow: an example embedded in their mind to help future decisions.

"It should plant a seed in someone's mind, so that when they see waste or realize they are leaving a light on, they will see the greenhouse in their head," Segovia said.


WSU Climate Summit interns have collected 1,500 plastic bottles to build a life size plastic house.

Contributed Photo



Contact Julia at
JSand10@winona.edu

What's Happening Around Winona State...

Wednesday 4/17	Greenhouse Project Starts Today. Also, check out Bike Week from 12-3 every day in the gazebo.	Research and Creative Scholarship Symposium Time: 2 - 6 p.m. Place: East Hall, Kryzsko Commons Contact: Michael Delong MDelong@winona.edu	Pride Week Game Night Time: 7 p.m. Place: KEAP Diversity Center Contact: Morgan Jacobus MJacobus08@winona.edu
Thursday 4/18	Spruce Up Winona Time: 1 - 5 p.m. Place: Lower Hyphen Contact: Vicki Englich VEnglich@winona.edu	Miss WSU Pageant Time: 8 p.m. Place: Somsen Auditorium Contact: Adam Bahr ABahr10@winona.edu \$4 for students, proceeds to ULF	Comedian: Michael Kent Time: 6:30 p.m. Place: Somsen Auditorium Contact: UPAC UPAC@winona.edu
Friday 4/19	Olson Inauguration Time: 2 p.m. Place: McCown Gymnasium Contact: Ann Kohner 507-457-5565	Jazz Ensembles Time: 7 p.m. Place: PAC Main Stage Contact: Rich MacDonald RMacdonald@winona.edu	Pride Week: Night of Noise Time: 7 p.m. Place: Baldwin Lounge Contact: Morgan Jacobus MJacobus08@winona.edu
Saturday 4/20	Malaria Hysteria 5k Time: 9 a.m. Place: Small Lake Pavilion Contact: Tiffany Arcand TArcand11@winona.edu	Orchestra Concert Time: 3 p.m. Place: PAC Main Stage Contact: Marybeth Lenhardt MLenhardt@winona.edu	Sunday 4/21 Symphonic Wind Ensemble Time: 2 p.m. Place: PAC Main Stage Contact: Marybeth Lenhardt MLenhardt@winona.edu
Monday 4/22	Bidder-70 Film Screening Time: 8 p.m. Place: Stark 103 Contact: Joan Francioni JFrancioni@winona.edu	National Earth Day (we live on a pretty great planet)	
Tuesday 4/23	Fit Stop Time: 11 a.m. - 12:30 p.m. Place: IWC 138 Contact: Health Promotion HealthPromotion@winona.edu	Anxiety Management Time: 2 - 3 p.m. Place: IWC 222 Contact: Health Promotion HealthPromotion@winona.edu	Chamber Ensembles Time: 7:30 p.m. Place: PAC Recital Hall Contact: Marybeth Lenhardt MLenhardt@winona.edu

Senseless tragedy, shared blame

Marcie Ratliff
Winonan

It's a little surreal to be editing a weekly newspaper in Winona and watching live updates of a bombing in Boston.

It's more surreal that the bombing terrorized runners and spectators alike at the Boston Marathon, which for many runners is the zenith of their running careers.

Legs that were running, blown off.

Throats that were cheering, choked in sobs.

"Here cracks a noble heart," as Shakespeare writes. "Things fall apart, the centre cannot hold," as Yeats writes. "Jesus wept," as John writes.

It seems tragedy underwrites even the least heroic, the most quotidian, of stories.

Freaks populate the globe, do they not? From Newtown, Conn. to Pyongyang, North Korea, to Boston, Mass., terrorists pull at the strings of the world, heedless of where

the puppet goes. Or, worse, entirely delighted.

Street bombings are, of course, everyday occurrences for some cities in the world. No less horrific, they can be counted on to wreak havoc on society, regardless of whether that society is growing or dying.

Grim, yes. I'm always a little jolted by violence—real or fabricated. I hate that the world is forever victim and victor, always in a contest, and that the rest of us are left to sort it out.

I think part of being alive is hating stuff like this. Part of being human is sympathy, sorrow that the world is sick enough, that random violence happens, that law seems unable to stop people, that people seem unable to stop themselves.

But I have a hard time accepting, as the Transcendentalists of the 1850s did, that humans are inherently good. There is no "rest of us," for we all play both parts,

victim and victor.

G. K. Chesterton famously replied the following to a newspaper report seeking to know what is wrong with the world: "Dear Sirs, I am. Sincerely yours, G. K. Chesterton."

Not willing to throw in your lot with the troublemakers? The Catholic Chesterton has been praised for his Zen-like wisdom and humility. The religions agree on this, at least: it seems that if we're all going to be on one level, it's going to be the bottom one.

Not to say that humans are doomed to utter hopelessness. Your worldview will attempt to speak into this labyrinth. The cloak of assumptions you wear as a human being in this mess will get you part of the way.

Locating myself as a Christ-follower, I'm caught here in the middle too. I am indeed the problem, and I only become part of the solution when I accept my brokenness as brokenness and put on Christ,

whose perfection covers my imperfection.

Who did Jesus hang out with? The losers. The hated. Even the haters, as long as they were sincere. Hello, hope for the flotsam and jetsam of society, those whose actions don't match their words, those whose cheese will not stay on their crackers. (Me).

Jesus comes into the picture and does a new thing. He still does, with millions of lives.

People still explode other people. Incidents like this remind me that we still need rescuing, and in the only tale where the hero dies for the villain, we can indeed be rescued.

So, I weep that the world's heart is cracked like this. I rejoice in the hope that already an Artist is making beauty out of the pieces, asks us to jump in and join him.

I am not, but I know I AM.

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Phillips disappointing as a performer

Abby Peschges
Winonan

When I first learned that Phillip Phillips was coming for the Spring Concert, I could not hold in my excitement. I brought my mom, a huge American Idol fan, with me. We were a bit disappointed to say the least.

Zach Heckendorf, the first opener, was the best of the three performances. Just a guy and a guitar. What more can a girl ask for?

Yes, his friend accompanied him on a second guitar, but there was no extra pizzazz. It was his voice and his lyrics that captured the crowd.

Churchill was great too; though they tried to be a bit too rock-sounding with the loud sound and extravagant crowd interaction.

The lead singer tripped attempting to get back up on stage after interacting with the audience, shattering the rock-star illusion and distracted from their sound, but overall they entertained the crowd.

As for Phillip Phillips, he could rival Elvis Presley for best leg and hip work, but he didn't have much of a stage presence.

He seemed a little intoxicated, which could be nerves or his Georgia upbringing not translating.

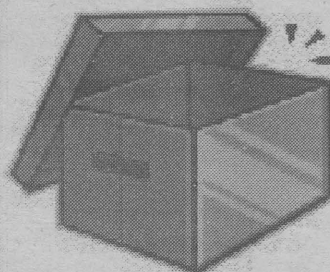
He just wasn't very impressive. Though, that could be because of what seemed like a 30 minutes instrumental version of "Thriller." His singing was good; he just left me bored with his performance.

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Why April is not the cruelest month

Marcie Ratliff
Winonan

Because April is both poetry month and sustainability month, I question T. S. Eliot's assertion that it is the cruelest month.

Of course, Winona of late has been most inhospitable to my favorite spring activities, which include wearing shorts, rollerblading, running, reading on a blanket by the lake, biking, hiking and procrastinating.

It's true, there's no better motivation to write a paper than a wet, cold, windy April day.

But I digress. April, being poetry month and sustainability month, seems to merit commendation apart from its weather and the amount

of schoolwork it seems to engender.

In the past two weeks, I have gone to three poetry readings, hearing good poems by Ed Bok Lee, James Armstrong, and students in Armstrong's poetry class.

Of course, I've read and written my fair share as well.

Why is April so particularly inspiring to poetry? Without writing a poem about it, I couldn't tell you exactly, but it has something to do with the contest between dark and light, cold and warmth, wind and sun, rain and drought.

It has something to do with how the grass, after a winter of being excoriated by salt and boots, pokes out of the soft ground with a stubborn green tenacity.

It has something to do with how the sun gathers its rays together and shines with a dimension the winter sun, angled so steeply, lacks.

April begets change, from the fluffy buds on the flowering trees to the long green whips of the willow trees.

April soaks those same trees in cold rain and ice a day later.

And so, April forever uncategorizable, riding the line between heaven and hell, is a month for poetry.

Write a poem about that.

On to sustainability. Winona is a community particularly dedicated to sustainability, and rightfully so.

Winona has a lot to offer a college student, but ask any of us why we showed up here and stayed here and you'll probably

hear something related to the bluffs and the river and eagles and islands and turtles and sunsets and hikes.

That's the case for me, anyway. Of course, academics and friends were a factor, but the risk was low: cool places attract cool people.

Naturally, keeping this abundant beauty around for the future is high on the priority list, and students across campus are embracing projects like Spruce Up Winona, Bike Week, and the Greenhouse Project.

Even as the homework load increases, the joy of being outside increases all the more, promising rejuvenation to the library-worn and book-tired.

As poet Mary Oliver writes, "What countries, what visitations, what pomp would

satisfy me as thoroughly as Blackwater Woods on a sun-filled morning, or, equally, in the rain?"

So, I don't mind April. Drying in the sun, it looks better every day.

Trees and bushes gain their youth again, although I get older.

Bike Week reminds me it's time to get the bike out of the garage.

Arbor Day and Spruce Up Winona offer opportunities to contribute to Winona's vibrant beauty.

Poetry seems an apt response.

Contact Marcie at
MRatliff09@winona.edu

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Wednesday, Apr. 17, 2013

Healthy Monday – Prevention FILM Series

Molly O'Connor
Winonan

Last week, Healthy Monday provided useful and important information on the prevention of contracting STIs.

The group that had gathered watched a selection of videos that explained the importance of prevention and getting tested to become aware of STIs.

The session, held on April 8 in the WELL on the first floor of the Integrated Wellness Complex, featured a selection of clips from videos discussing the importance of using protection during sexual intercourse.

Health advocates explained the issues and engaged students in discussions of why people feel that they shouldn't get tested and the risks that men and women take without regular testing.

"Chlamydia is the most common of the STIs. At Winona State, one in four students have or have had it," student health advocate Whitney informed the group.

Student health advocates Whitney and Allie began the film exposition with a brief introduction and overall explanation of what to expect in the session and what the first film would show the group.

The first video that was viewed came from a student-made film two years ago, documenting students at WSU discussing protection from STIs.

The clip showed a variety of students explaining the measures they take to avoid contracting STIs and the importance of getting tested.

When asked about their opinions of the video's content, several students spoke up to voice their

thoughts.

One student believed that the male's interpretation of who should provide birth control seemed "unrealistic", as she felt that males typically put more pressure on females to provide it.

Another student explained that he believed it was important that both partners should be responsible instead of putting it all on one person to provide birth control.

Allie further questioned the group on why they thought people don't use protection or opt to get tested for infections.

"I don't think people plan on being in that situation," sophomore Jodi Linberg said. "If you believe that you're immune or have a lower risk of contracting an STI, then you're less likely to get tested or care about the risk as a whole."

Allie then asked how

people could be made aware of prevention and any of the available resources.

The consensus of the group was that partners should discuss the matter thoroughly and feel free to utilize the free and accessible clinics for testing.

The clinics and resources that were covered in the discussion were the IWC's clinic services and the Sencac Clinic, along with the Minnesota Family Planning & Hotline. The next video clips were provided by Sencac Clinic.

The clips explained basic procedures that are used for testing and why it's important to get tested, no matter where someone has to go for it. The health advocates explained in depth the clinics that are available for free testing and how students should always feel free to take advantage of the services they provide.

"There may not be any signs or symptoms, but you can still transmit," Allie stated. "It takes 30 days for an STD to show up on a test."

Whitney and Allie concluded the meeting by strongly advising that students make use of the clinics' services and that students are made aware of their options.

They encouraged healthy discussions on the matter of birth control and testing between partners, and they urged students to spread the word on STIs and the preventative measures that can be taken to avoid dangerous infections.

Contact Molly at
Moconnor10@winona.edu

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The story of a simple solution: what happens when we overthink

Hannah Jones
Winonan

When my father was younger, he was essentially the same standoffish, bookish reserved man he is today, only in miniature.

He was on the school basketball team—as a scorekeeper.

He was active in school clubs—like “Rocks for Jocks,” which was not only the only geology-based club I’ve ever heard of, but rhymed.

He also owned a winter scarf knitted for him by his mother, which was emblazoned with his initials in big, curly script on either end.

Sadly, I’m pretty sure, based on this context, that people tried to beat my father up at some point in his life.

This is just a small sample of his eccentric youth.

For a few weeks when my father was younger, he suffered from constant stomach pains and abdominal discomfort.

His father was a pharmacist and his mother a worrier, so naturally, this meant a lot of

trips in and out of clinics, hypotheses and life-threatening theories.

The possibilities behind my father’s stomach problems ranged from appendicitis to flesh-eating bacteria.

Finally, my grandparents took my father into a particular doctor, and they found the cause of the problem.

The doctor started the check-up, then abruptly asked:

“What kind of underwear do you wear?”

To this day, my father wears boxer briefs with an elastic waistband, and since none of his tastes have changed in at least forty years, I assume that’s what he wore back then, too.

The doctor nodded, then informed my father and his anxious parents that he did not have appendicitis, or flesh-eating bacteria, or cancer, or some malignant parasite in his stomach.

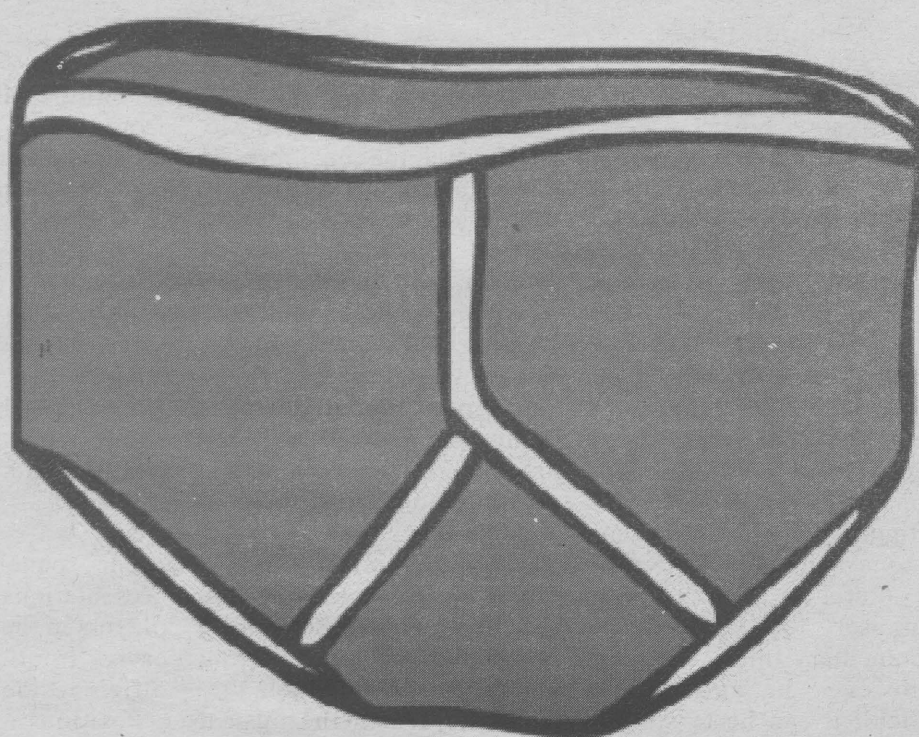
His underwear was too tight.

They balked at first, but after leaving, they switched out my father’s underwear to a more

relaxed fit, and he instantly felt all of his symptoms abate.

The moral of this story is that sometimes life’s big problems have deceptively simple solutions. Also, there is such a thing as whities that are too tightie.

And we should all remember that.



Contact Hannah at
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“The moral of this story is that sometimes life’s big problems have deceptively simple solutions.”

Dance department seniors perform their ‘swan song’

Hannah Jones
Winonan

Last week, the Winona State University department of theatre and dance put on its annual senior dance show.

This year’s installment, “Gillswan Song,” directed by Erin Gilliland and Sydney Swanson, was a crowd-pleaser all the way through.

According to Gilliland and Swanson, the name came about when the PAC’s custodian Bill Koutsy combined their last names as a suggested title.

“It’s been quite a process,” said Gilliland, looking back on the show’s stages of production.

Both she and Swanson not only directed, but also each choreographed one number

and performed in several others.

The show had something for everyone. From classical ballet to hip-hop, from traditional Nigerian to interpretive, the show hosted a vast scope of genres.

Each dance was unique, and each audience member found something to like.

Jenna Buckle, a freshman and dance enthusiast coming to the show to see her friends perform, was impressed by the dancers’ skill.

“I didn’t think it would be that good!” she said. “It was really well choreographed.”

Meanwhile, sitting a few rows down, freshman Ross “The Boss” McNall confessed that although he does not typically enjoy dance, he was enjoying

“Gillswan Song.”

He was actually not expecting to have fun when he came.

“I got more and more entertained as the show went on,” he said.

He especially liked the high-energy contemporary number, “Do You Wanna Play a Game?” because it had a hip-hop feel that he found more relatable than some of the classical or interpretive numbers.

“It was the dopest dance,” he said.

Gilliland and Swanson looked happy to be receiving these good reviews from all sides after the show.

Although “Gillswan” was a huge investment of time and patience down to the smallest managerial details,

both co-directors found they enjoyed themselves as much as the audience did.

“It wouldn’t have been possible without all the dancers who auditioned, and the crew, too,” Swanson said.

Before the show, she and Gilliland had been sitting at the ticket-vending table outside the door, and afterward, she still had the red lipstick on from performing in the final number, a playful medley of songs from “Grease.”

The dancers were all milling about, wearing costumes as different and vibrant as the numbers themselves.

As they accepted hugs and congratulations from friends and family, some were still dressed in hip-hop parachute

pants and midriffs, others were dripping with sequins from dancing to Aretha Franklin’s “Freedom,” and others still were wearing shredded beggar costumes.

Both Gilliland and Swanson have been dancing since they were 3 or 4 years old.

While they have that in common, the directors differed in their plans for the future.

Swanson, who intends to be involved with Dancescape next year, has tentative plans to join a dance company after graduation.

“We’ll see how that goes,” she said.

See DANCE, pg. 12

The business in learning music: panel discussion at Acoustic Cafe

Hannah Jones
Winonan

Midwest Music Fest, or MWMF, an annual celebration of local music and community, is about to hit Winona from April 18-20, and Steve Higgins, for one, is excited.

"When you bring everyone together with music," he said, looking at this year's lineup of acts and venues around town, "things can happen. It's really cool."

Higgins is a current Winona State student, but in the future, he hopes to be a composer for independent documentary films.

However, he knows how difficult it can be to simply get a job in the music industry.

"You don't just get a band and get an agent—it's more complicated than that,"

So, besides studying music, Higgins is making sure he has a good understanding of business as well.

The music business program at Winona State is relatively small—about 12 to 15 students total.

However, this close-knit group of students is doing some very real and practical things with music administration right here in Winona.

Higgins himself had a big role in planning an upcoming event to take place in Acoustic Cafe starting Friday, April 19 at noon.

To complement the musical concerts and festivities of MWMF, students and

committee members organized the MWMF Summit, a panel presentation from various professionals in the music industry.

Anyone and everyone is invited—whether you're a music fan, or a business student, or just curious, the panel will have something to offer.

"It's for anybody who wants to know anything about how things work," Higgins said.

Best of all, it's completely free.

The panel will feature presentations from four players in the music industry, each from a completely different side of the business.

Positions working with business and music are as varied as music itself, as

represented by the scope of panelists come to present.

For those interested in music administration, Craig Grossman and David Priebe of Green Room Music Source will host a talk on the logistics of the booking, touring, artist management and more that goes into concert events like the ones festival-goers will see in town.

For those more into the craftsman scene, John Reed, a Winona State University graduate, will be giving a presentation on his own business, building and repairing string instruments.

On the subject of crafting songs rather than instruments, Tony Mendoza, an entertainment attorney, and Gary Hunter,

the system director for intellectual property at the Minnesota State Colleges and Universities system, are giving a presentation on copyright.

Finally, Jim Trouten will present on his expert advice for onstage acoustics.

Behind every kicking concert, behind every experience of being lost in music, behind every good car jam and every local music festival, there is a music business professional doing his or her job.

"Music is everywhere," Higgins said, trying to explain. "It's... everybody."

Higgins recommended that absolutely everyone come and check out the panel this weekend.



Check out the Winonan online

<http://thewinonan.winonastateu.com/>

DANCE

Gilliland, on the other hand, is studying biology.

Her involvement in the dance program is purely for her own happiness and balance as she goes through her studies.

"It's just something that's part of me," she said.

Gretchen Haga, the faculty advisor for the event, knows that it's a wide array of students that come into dance studies.

"It's great to see these

students continue to develop expressive voices in the future," she said, "no matter what career path unfolds for them."

Haga described the department as a "community" of all majors and educational stages, coming together to share in a common passion.

Watching the performers interact onstage, it was easy to understand why.

Dancers leaped in unison, lifted one another, literally

supported one another, and wore genuine smiles of excitement throughout most of the performance.

Many of the group performances, such as "Our Song" and "Veneration," celebrated togetherness and friendship in a seamless flow of synchronized movements.

The "Grease" number, "We Go Together," had the members of the crew moving and shaking onstage with members of the cast.

They did look like they belonged together, several of them performing their last senior show at Winona State and preparing for their own future plans.

When at last the entire cast rushed onstage for curtain call, the audience thundered its approval. "Gillswan Song" had sent the department seniors off on a high note.

As the last dancer in a spangled sequin dress

vanished down the hallway to help clean up and strike the stage after the performance, Gilliland and Swanson lingered, still smiling, with circles of pleased audience-goers wishing them well.

However their futures unfold, no matter where or how, it's likely that Gilliland and Swanson will still be dancing.

Contact Hannah at HJones09@winona.edu

ACCOUNTS FROM ACADEMICIANS

(noun) *ac a dem mi cian\ a-ke-de- mishen*
An Acadmeic; intellectual

WHAT WOULD YOU DO IF YOU WON THE LOTTERY?



KEITH GULBER
JUNIOR
INVER GROVE HEIGHTS, MINN.

"I would probably donate 90% to charity and invest the rest."



RACHEL HODGE
FRESHMAN
ZIMMERMAN, MINN.

"The first thing I would do is go on vacation."



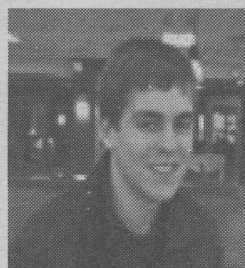
HANNAH JONES
JUNIOR
EAGAN, MINN.

"I would eat entirely too many things with alfalfa and truffles in them."



BRADI SCHMEAR
SOPHOMORE
MUKWONAGO, WIS.

"I would probably buy a getaway house somewhere tropical."



GRANT BLOMSTER
FRESHMAN
FARMINGTON, MINN.

"The first thing I would do is plan a return trip back to Greece and Italy."



AUSTIN ESSER
SOPHOMORE
EITZEN, MINN.

"I would pay off all my student loans, give some to my parents and invest some of it."

PHOTOS AND INTERVIEWS BY MATTHEW SECKORA

'The Host' stepping out of the shadow of the 'Twilight' saga

Lily Kane
Winonan

"The Host" is a movie that is based off the novel by Stephenie Meyer, writer of the Twilight Saga.

Unfortunately, that may give moviegoers a bad idea of what this movie is about.

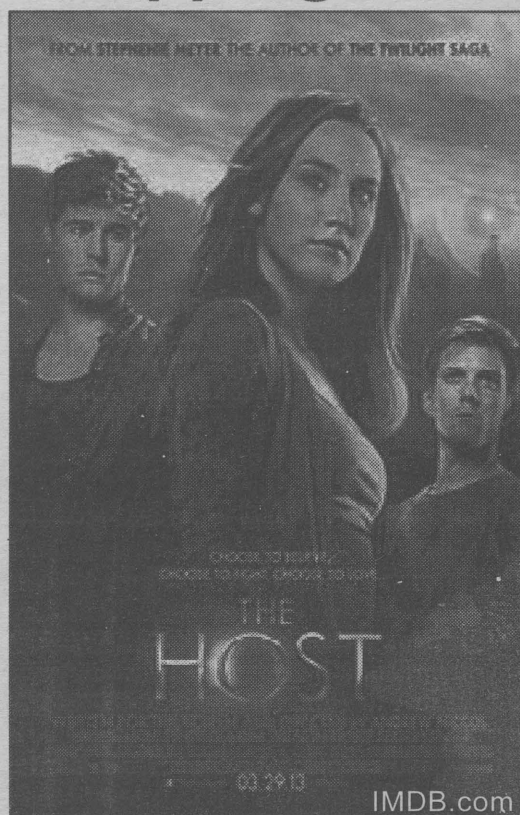
In summary, it's a story about aliens taking over humans and the humans fighting back.

It has romance and action and is fairly generic in concept.

However, it might appear that way the true message of the story isn't a popular topic amongst movies today.

The message that this movie portrays is that of open-mindedness and seeing the world through others' eyes.

The alien species in this story are a sort of bug-like



creature that is strangely beautiful, and enters a human through the neck to, in a way, take over the body.

The way that you can tell

an alien is possessing a human is the eyes — they get a glowing circle around the pupil.

The story starts off after the aliens — they call themselves "souls" — have basically taken over the world at one point previous to the events in the movie, stating that the aliens outnumber the resisting humans 1 million to 1.

The story follows a newly-entering soul who has traveled to the majority of the planets that the aliens have inhabited.

She is placed in the body of Melanie, who is one of the resisters who tried to kill herself to keep from having an alien placed in her.

The soul, named Wanderer, fights for control over the body and mind against Melanie, who is

refusing to be erased from her body.

The movie does an excellent job of making it clear who is speaking despite there being only one actress on screen.

There is a difference in tone and speaking style that allows the watcher to differentiate between Melanie and Wanderer and create different personalities.

Saoirse Ronan plays Melanie/Wanderer, and she does a great job of displaying emotions without looking like she is just staring off into the distance, listening to Melanie.

The antagonist in the story is Diane Kruger, who plays the Seeker. The seeker's job is to help Wanderer get Melanie's memories so that they can find the rebelling humans.

Originally, Wanderer is on board doing what she calls her "duty to her people," but after a while she forms a connection with Melanie

and the people in Melanie's memories.

And that's when the fun begins.

This movie will make you smile and it will make you cry.

It gives a much deeper message of understanding and love than most audiences would expect all while being entertaining and fascinating.

It is a truly excellent movie that most audiences will enjoy.

"The Host" is projected for release on DVD this July.

Contact Lily at
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America's cravings: cheap, pre-packaged... gourmet?

Hannah Jones
Winonan

Lately, my food has been sending me mixed messages.

I'm a college student, and we're in a recession, and these two factors together make me somewhat of a connoisseur of convenience food, fast food and basically anything that comes in a plastic container and costs less than three dollars.

Early on, I came to terms with the kind of menu I faced while on a budget. Low funds for food meant, in general, the food of the masses: floppy beef hamburgers, hard-shell tacos with a few shreds of flaccid lettuce and a few flecks of lukewarm, mushy tomato, macaroni and cheese vibrant enough to inspire a crayon color, you know the story.

College food, as a genre, is cheap food, and generally unexciting food.

Or, so I thought.

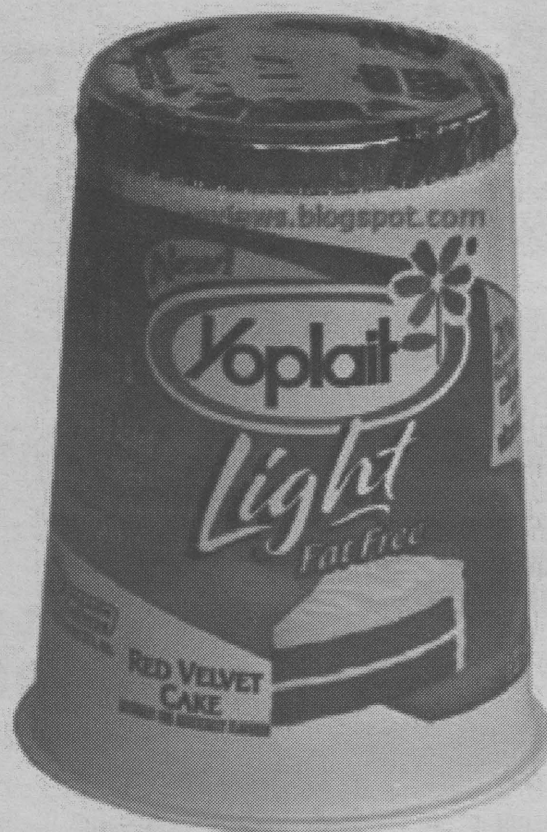
America's cheap food has been going through a strange trend lately, especially taking the recession into account. It would seem as though somewhere along the line, even populist culture has developed a gourmet's palate.

You see it at McDonald's: designer coffee drinks, right there on the menu next to the McChickens, for a fraction of the price offered for their Starbuck's counterparts.

You see it at Taco Bell: behold the burrito bowl, a brightly-colored tub of market-fresh ingredients like avocado and grilled steak—a sit-down restaurant special offered to all those who decide to think outside the

mixed in.

Macchiato? Steak? Truffles? These are foods that belong on a stiff, open-up menu that you read while sipping a glass of Chanel Blanc and listening to a tuxedo-wearing waiter



bun on a Tuesday night.

Even macaroni and cheese is getting an upgrade: Noodles and Company's "truffle mac" is everyone's favorite noodles and cheese sauce with a ritzy breadcrumb topping and a smattering of rich, earthy mushrooms

named Garçon drone on about the "subtleties" of the swordfish reduction—also in stock for the evening.

America is simultaneously tightening its belt and putting on its best tie and tails for dinner.

And just look at our

flavor options nowadays. Pomegranate. Dulce de Leche. Red Velvet. While this richly-named dessert was once considered a fancy delicacy for special occasions, you can now find red velvet in a Duncan Hines box—or a Yoplait yogurt cup—or a Pop Tart.

What would be next? "Running late, so I guess I'd better heat up a Pop Tart; do I want 'Crème Brûlée,' or 'Chocolate Soufflé' today?"

It's not that I mind. I'm actually thrilled every time I walk into Walmart and find a goat cheese and spinach artisan pizza in the frozen food aisle. I'm just confused about the whole thing.

For a nation supposedly conscious of our wallets and watching what we spend, we seem to know a lot about all these black-tie foods. Where do we get the knowledge? Where do we get the cravings?

I personally blame Food Network. Every time I watch Iron Chef, I suffer the delusion that I'm a culinary genius for about thirty minutes afterward, during which time I decide making a mini pot pie out of Grands biscuit dough and leftover soup is a good idea.

Our televisions give us a window into a culture that is full of exotic ingredients, outlandish combinations and gourmet presentations that leave us hungry for a taste of

the good life.

When suddenly a fast food chain can offer us that taste—or something like it—for about a dollar, we feel as though we've gotten the best of both worlds.

Still, maybe something else is compelling us to favor strange, fancy yogurt flavors and puttanesca sauce for our microwave spaghetti.

Maybe our culture, as a whole, is frustrated with years of plain hamburgers and 90-cent tacos. Maybe branching out and trying these eccentric foods is our way of breaking out of a nationwide rut, and breaking out of a tight economic situation.

Maybe, for us college students, it's a way of breaking out of our small college town and breaking into something a bit more cosmopolitan; something that tastes like quinoa or raspberry cheesecake.

If we can't get out into the world just yet, maybe we can just carve up a piece of it and put it on our plates.

Gourmet culture may come and go with the times. But, in the meantime, there are new colors, countries, confections and concoctions to savor, and we can do it for under a dollar.

If you'll excuse me, I'll be in the yogurt aisle—deciding.

Contact Hannah at
HJones09@winona.edu

Write for the Winonan! To see your work in the paper, contact Hannah Jones at hjones09@winona.edu

Ask Abby



Q:

Dear Abby,

I just have to ask, what is with the guys on the basketball team, and other sports for that matter, slapping each other on the butt? Where does it come from?

Sincerely,
Confused and Slightly Attracted

A:

Dear Confused and Slightly Attracted,

I myself have wondered this exact same question. So, I'm glad you asked.

I put my investigator hat on. I realized pretty quickly that I knew nothing, and so I enlisted the help of basketball player Zander Culver.

And this is what I found:

The butt slap (there might be an actual

name for this, but this is what I'm going to call it) is used as a sign of approval or as a pick-me-up. In a sign of approval, the harder the slap, the better whatever it was you did.

And for those of you who are like, "Wait, What? Isn't that an invasion of personal space?"

Culver said when you're younger it can be a bit weird, but NBA players and

coaches do it all the time, and as you get older you get more comfortable with it and it's less awkward.

So have no fear. The guys are just showing a little love to their fellow teammates and opponents!

Sincerely,
Abby

QUESTIONS?

Ask Abby at
Dearabbywinonan@yahoo.edu

Athlete of the Issue

How did you get into your sport? I have always had a love for the game. I started with tee ball, then to little league, and just never looked back.

Why did you choose to continue playing sports outside of high school? The choice was an easy one. I was a multi-sport athlete in high school, but always knew my future was in baseball. It was my dream to become a collegiate baseball player and compete for a school with a rich tradition. I am just glad that I got that opportunity here at Winona State.

Most challenging part of the game? I feel like I speak for all baseball players when I say dealing with failure is the most challenging part of the game. Baseball is a game of failure; the great players are the ones who can overcome failure.

What is your favorite aspect of the game? Although I do love playing the outfield, my favorite part of the game has to be hitting.

Accomplishments as a college athlete? Freshman: Member of a team that made the Central Region Tournament; sophomore: Member of the Central Regional Tournament All-Tournament team, member of the DII College World Series All-Tournament Team National Runners-up in Division II; junior: 2nd Team All-NSIC Outfield, team advanced to its third consecutive regional tournament

What is one of your most memorable games? Without a doubt, the central region championship game my sophomore year (2011). We beat the University of Nebraska-Kearney to advance to the DII College World Series. That was one of the happiest moments of my life, and a feeling that I will never forget! It was history for our program and I am so thankful that I got to be a part of it. And of course, playing in the National Championship game that year is something that so many people can only dream of and we were fortunate enough to fulfill our dream of playing in that game. Although the outcome was not the one we wanted, it was a dream come true nonetheless and something I will remember forever.

What do you do outside of school and sports? I am an avid outdoorsman. I enjoy hunting, fishing and just being active in the outdoors. I also enjoy boating, spending time with family and friends.

Something others might not know about you: I am a huge John Wayne fan. I have seen all of his movies.

Why did you choose Winona State University? I developed a great relationship with the players and coaches during my recruitment and loved the university. My sister Courtney played softball here so I was familiar with the area and enjoyed my time here when visiting. Winona State is a great academic institution and has a rich athletic history. After considering all of the options, the choice was an easy one.

What are your plans post-graduation? After I graduate, I want to get a job in medical sales, selling joint replacements and medical hardware. I have always been interested in sales and would like to continue that with a career someday. However, I wouldn't mind playing baseball either. I think if you ask any collegiate baseball player, they will tell you that playing baseball after college is a goal and dream of theirs. I am no exception. I have always dreamt of playing professional baseball, and if I were giving any opportunity to do so, I would be elated.

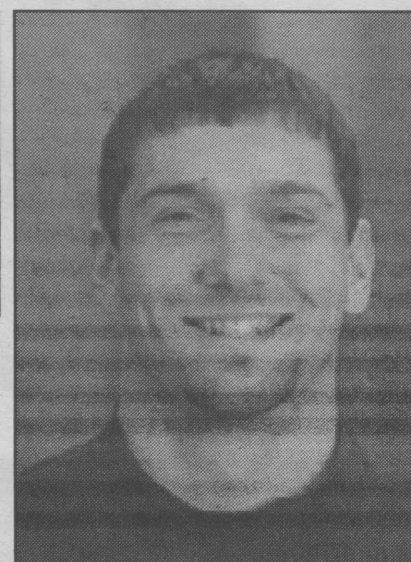
Do you have a favorite professional athlete and/or sports team? If so, who and why? Well, being from Iowa, my allegiances lie with several different sports organizations. I am a die-hard Chicago Cubs and Blackhawks fan. However, my favorite sports team has to be the Green Bay Packers. My friends and I grew up watching the packers on Sundays and I have always loved watching them play. My favorite athlete has to be Josh Hamilton. Josh is an outfielder for the Los Angeles Angels of Anaheim. Josh was a number one overall pick in the MLB draft out of high school. He once quit the game of baseball and has since returned to become one of the best hitting outfielders in the game.

If you could meet anyone (past/present) who would it be? Why? There are so many people that I would love to meet, but being a baseball player, I would like to meet Josh Hamilton. I would like to sit down with Josh and talk about baseball and his journey to the big leagues. I have read his book and his journey is so unique and he overcame some very overwhelming struggles to become one of the best in the game.

Who is your role model? Why? My parents have been great role models for me my entire life, but people have always told me that I am my father's son, because I look and act much like my dad. I could not be happier to have them say that, because my dad is an amazing person and I can only hope that I become the man that he is. I could not have asked for two better people to model my life after, and I am truly blessed to be able to call them my parents.

Name: Cody Strang
Sport: Baseball
Position: Centerfield
Year in school: Senior
Hometown: Solon, IA
High School: Solon High School
Major: Business Administration and Human Resource Management

Interview By: Alyssa Griffith/Winonan
 Photo courtesy of Athletic Department



Warrior tennis ends regular season with 15-5 record

Kylie Bridenhagen
Winonan

The Winona State University women's tennis team ended their regular season play this April 13 on home turf in Winona.

On Friday, April 12, they faced the 5th ranked National Collegiate Athletic Association central regional St. Cloud State University. This ranking did not faze the team, as they won their match 8-1 over SCSU.

All three of the doubles team were victorious on the day. The team of Erin Kappers and Hannah Potter went 8-1. Brianna Havelka and Jessica Urban posted an 8-2 win. The

last team consisting of Brittney Freund and Laura Lindstrand, went 8-5 to defeat their opponents.

In singles play, Kappers won her match 6-0, 6-1. Potter also won, going 3-6, 6-1, 10-5. Havelka posted another win for the Warriors, going 6-2, 6-2. Her doubles partner, Urban, won 6-0, 6-3.

Freund was the last winner of the day for the team after

winning 6-2, 6-0 on her match. Laura Roesslein also played, but lost her match 1-6, 7-6(4), 10-5.

The Warriors finished their regular season play on Saturday, April 13 with a shutout victory against Upper Iowa. Posting a 9-0 win, this is the seventh time this season that the Warriors have shut out their opponent.

Again, all three of the doubles teams successfully won against the opposing teams. Kappers and Potter went 8-0, as well as the team of Havelka and Potter. Freund and Lindstrand also won their games, going 8-1 to bring all three doubles teams to a winning day against Upper Iowa.

In singles play, Roesslein dominated over her opponent, going 6-0, 6-0, a much better



outcome of her previous day's play. Havelka posted another win with 6-3, 6-0. Kappers was successful with her match, going 6-1, 6-2. Freund was 6-2, 6-1, to add another winning record on the day. Urban and Potter finished out the day, both collecting wins for the Warriors. Urban was 6-3, 6-3,

while Potter, 2-1, retired.

The women's tennis team is now 10-1 in the Northern Sun Intercollegiate Conference play, in second place, behind Augustana. After the winning weekend, the Warriors regular season overall record is 15-5.

The team will be back in action starting April 19, when they will begin NSIC Tournament play in Minnetonka, Minn. for the chance to become conference champions.

Contact Kylie at KBridenhagen11@winona.edu.



Photos by Bartholome Rondet/Winonan

Good luck to Warrior tennis at the NSIC Tournament April 19!

Sports Quote of the Week

I've been motivated by overcoming challenges and overcoming the hurdles and obstacles that face me. There still is plenty out there to get motivated by.

Andre Agassi

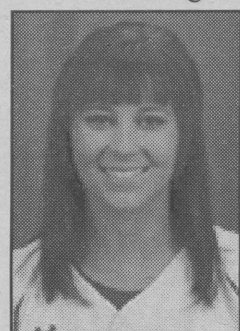
Softball wins eighth consecutive game

Alyssa Griffith
Winonan

The Winona State University softball team followed a handful of canceled games with a couple of victories against the Northern State Wolves on April 15 in Winona.

The sweep gave the Warriors their seventh and eighth consecutive wins.

In the opening game, Winona State struck right away. With



Jessica Kullmann

two on base, Britt Stewart singled, putting the Warriors on the board in the first. Shortstop Jessica Kullmann followed, walking with bases loaded, adding another run to the Warriors' lead.

The Wolves plated a run in the bottom of the inning, but the Warriors responded with six runs in the second to take a commanding 8-1 advantage.

Stewart brought two across the plate with a single, and Kullmann knocked one out of the park for a grand slam, giving her five RBIs. This was

the third grand slam of the season for Winona State.

Stewart added additional insurance in the fourth with a solo home run to bring the lead to 9-1. Northern State would come as close as three runs, with the final score of 9-6.

Ending the game 3-for-4 with four RBI, Stewart also picked up the win. Her record is now 8-5 on the mound, after allowing five earned runs against Northern State.

Winona State wasted no time getting on the board right away in the second game of the day, scoring one run in the first, off of a Morgan Lintz single.

Kullmann hit her second home run of the day in the second inning for a 2-0 advantage.

In the fourth inning, Kullmann scored a run off of a Brooke Piotrowski sacrifice fly for a 3-0 lead. The Warriors added two more in the fifth off of a bases-loaded single by outfielder Natalie Kalmes.

The sixth inning proved to be a big one as the Warriors brought eight more across the plate, with seven different players credited an RBI hit. Kalmes hit another single for two runs, while Warriors Jenny Nelson, Kullmann, Kaitlin Hardie, Mackenzie Williams and Lintz joined in with run-scoring hits

of their own in the 13-0 victory.



Natalie Kalmes

with three.

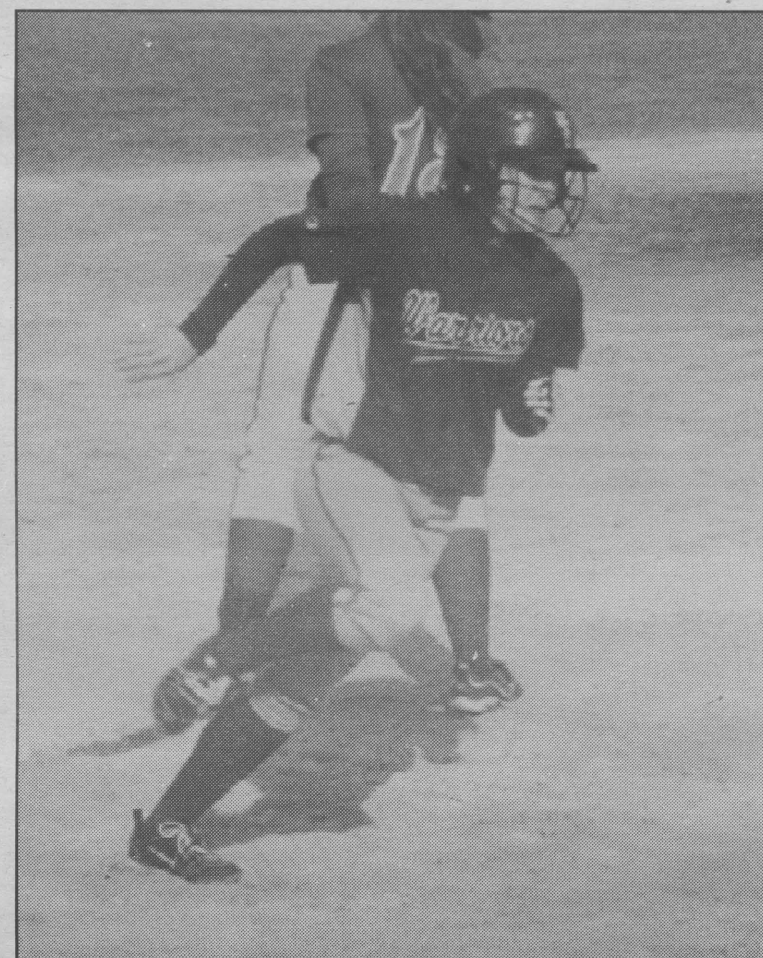
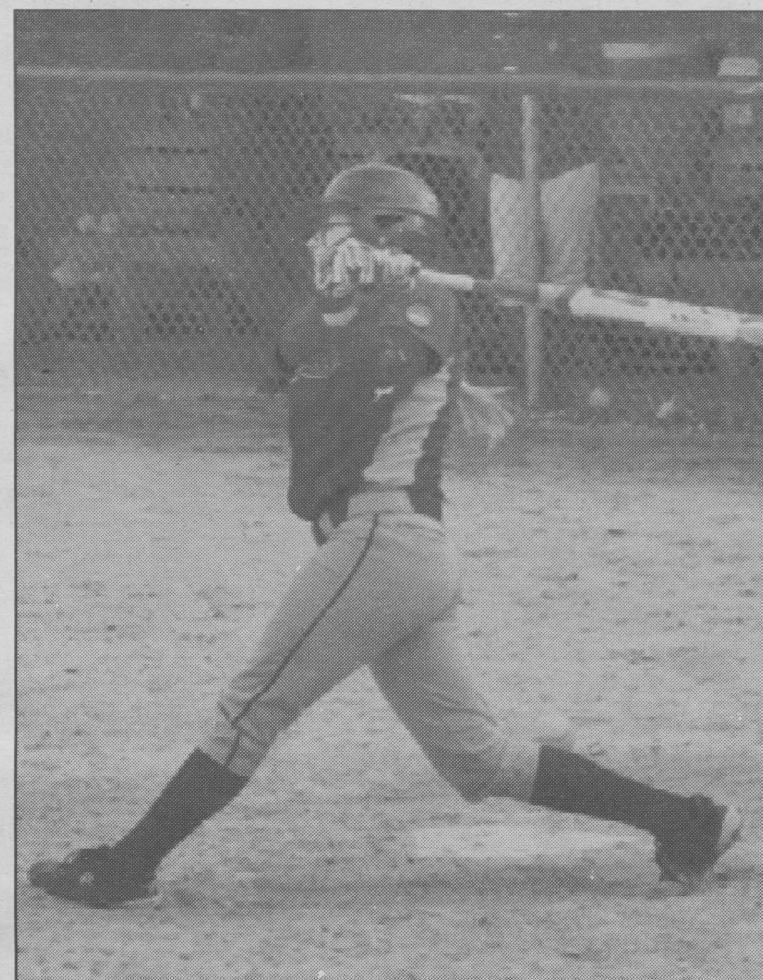
After the two wins, the Warriors are 24-6 overall, and 9-1 in NSIC play.

Warriors catcher Lauren Flannery said the weather has caused a setback to the team's schedule with the amount of canceled games, but that it gets the team even more excited for every opportunity to play.

"Even though we all can't feel our hands and toes in the cold, you can feel the energy and excitement in the dugout because we are all so pumped to play outside," Flannery said.

The Warriors host Minnesota State for a doubleheader at Alumni Field on Tuesday, April 16. First pitch is scheduled for 2 p.m.

Contact Alyssa at
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Photos by Bartholome Rondet/Winonan

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Sports Trivia

On April 15 of each year, all Major League Baseball players wear a jersey with the coveted number 42 on the back in honor of Jackie Robinson.

Robinson was the first African American player to be elected to the Baseball Hall of Fame in 1962.

The Dodgers retired his number in 1972, and in 1997, MLB officials retired his number league-wide.

Winona State track earns qualifying marks at Warrior Open

Dillon Hogan
Winonan

Now in their second week of outdoor competition, the Winona State University track and field team is in the midst of their season. Fresh off an extremely successful outdoor season opening meet in Oshkosh, the Warriors were eager to build off of it and continue the hot streak of their new season.

Coming off of last week's meet, Taylor Vogel said, "I think as a team we competed very well. It was really poor weather for the first meet outdoors, but everyone had high spirits and ran their hardest. We set some pretty high standards during our indoor season and I think we're all looking to have just as



Taylor Vogel

Warriors hosted their only home track meet of the season and with less than ideal weather, the Warriors were forced to tough it out en route to recording eight event title victories over the two-day span.

To go with their eight event title victories, the Warriors also managed to record three more NCAA Championship provisional qualifying marks.

The first of the three Warriors

successful of an outdoor season or better. We're ready to compete."

April 13 and 14, the Warriors hosted their only home track meet of the season and with less than ideal weather, the Warriors were forced to tough it out en route to recording eight event title victories over the two-day span.

To go with their eight event title victories, the Warriors also managed to record three more NCAA Championship provisional qualifying marks.

The first of the three Warriors

with qualifying marks was Shanai Guider, who threw the discus with a final scoring toss of 156'7", which was far enough not only to qualify, but also to give Guider the win for the event.

Joining Guider with a score



Shanai Guider

behind Guider with a final scoring toss of 153'6". Rausch also achieved NCAA qualification marks in the shot put throw finishing with a

throw of 47'7.75 claiming the victory in the shot put event.

The third and final Warrior to capture NCAA provisional marks was Hannah Mueller in the long jump event with a final leap of 18'10" to capture the win and qualifying marks.

The Warriors relay teams also achieved success over the weekend. The Warriors 4x100 meter relay race team won their title, posting a final time of 49.36 seconds.

The 4x400 meter relay race team also won their event with a finishing time of 3:59.75.

The Warriors were also able to record victories in the 100-meter race, with Sarah Finley claiming victory with a time of 12.69 seconds. Brittney Rynda won the triple jump event with a concluding score of

11.49 meters. Also in the event section, Kassi Kamps threw for the win in the hammer throw event, notching a final throw in the event of 46.62 meters.

The Sunday portion of the Warrior Open concluded the meet with a heptathlon where Warriors Anna Blaske finished third and Natalie Bushe finished fourth overall.

The Warrior Throws Invitational which was also scheduled for Wednesday was unfortunately cancelled due to inclement weather.

The Warriors will next compete in La Crosse, Wis. for the Phil Esten Challenge on Friday, April 19.

Contact Dillon at
DHogan11@winona.edu

Inclement weather changes baseball schedule

Erin Cochran
Winonan

The Winona State University men's baseball team had to postpone their four game series against the St. Cloud State Huskies scheduled for April 13-14.

Currently, the Warriors are 11-11 and 5-3 in conference play. Even though most teams in the Midwest are having the same problems with bad weather, the season still stands as it was originally scheduled and no makeup games will be announced at this time.

"The season ends when it ends," head coach Kyle Pooch said. "We have to play at least fifty percent of conference games in order to qualify for the playoffs. We have currently played eight of 18 possible and need ten more to qualify. Hopefully we can get to those games but you know, we can't control the weather but we can control how well we play from here on out."

The team's practice on Monday, April 15 was only the team's second time playing outside on the field this season.

"We've done pretty much

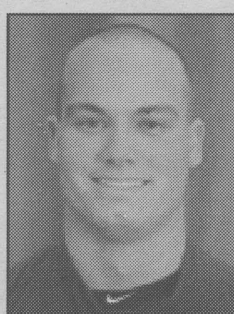
everything we can inside and it's so different playing on a gym floor versus the actual dirt," Pooch said. "It's a different situation getting into the groove these guys need. Our hitting is strong because of all the batting practice they've been able to take but when it comes to reading plays, looking out for the ball and running the bases we really need to get out there."

While split with the same amount of wins and losses this season, the team has a history of success. Last season, the Warriors went 29-22 and were able to advance to the NCAA regional tournament for the third consecutive year. The offense hit .318, and Nate Van Roekel and Seth McMullen both took home All-American honors.

"I feel like personally I've done pretty well thus far and as a team we've been on point with hitting because we've focused on it so much," McMullen said. "The good thing about being split in the middle of the season is we are driven to end on a winning note so we can rise above the weather and all the other factors that we've had

to face. We just have to keep plugging away and whatever happens, happens."

"Right now, I'm really impressed with Cody Strang, McMullen and Brett Young," Pooch said. "We have really



Brett Young

the order to have consistency as well."

Right now, the team is eager to for the weather to improve so they can get outside.

"We know how talented we are and really I just want to get out there," McMullen said. "We have done literally everything we can inside and now we just want to get out on the field and do what we know we can do."

Contact Erin at
ECochran08@winona.edu

Student Housing

Large 5 bedroom 1 block to WSU. Washer/dryer, air conditioning. \$370 each. Includes heat, water, trash. Internet available at a reduced rate. Available 6-1-13.

3 bedroom 8 blocks to WSU. Central air. All utilities included. \$370 each. Available 6-1-13.

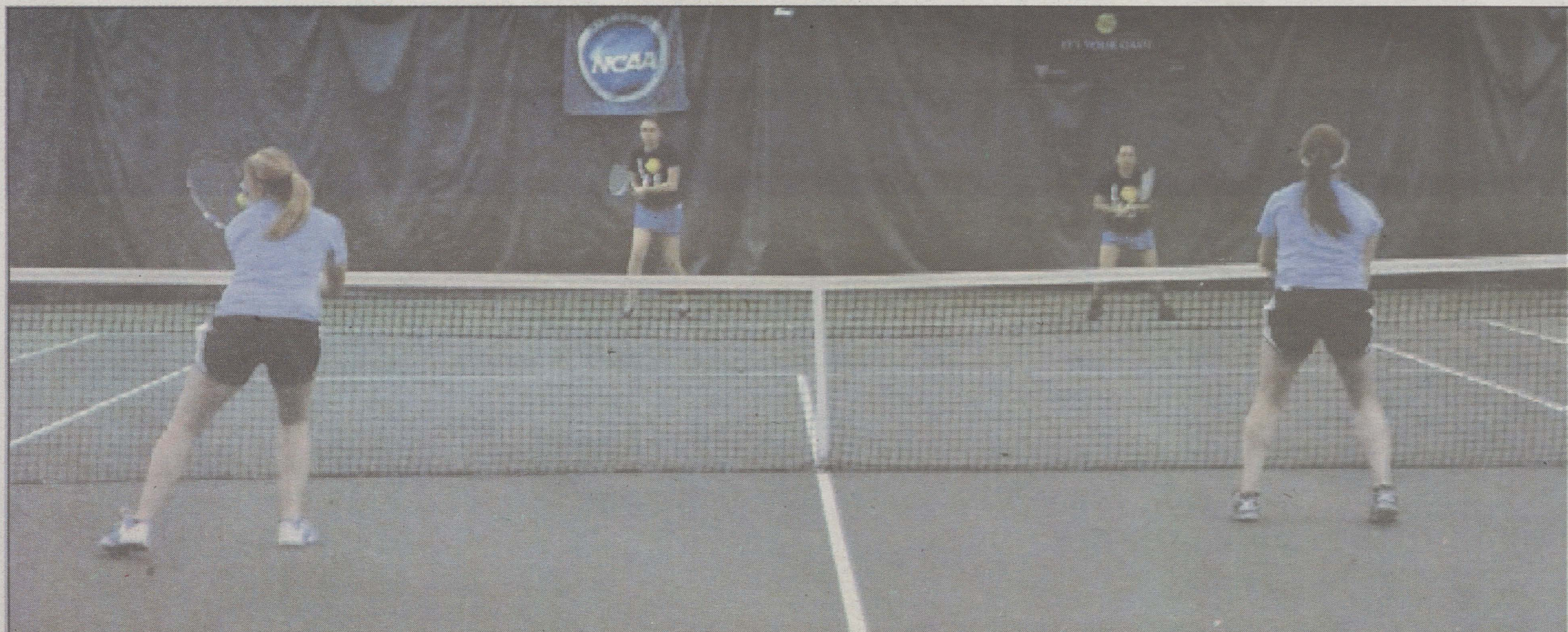
2 bedroom 8 blocks to WSU. Washer/dryer in building. Air conditioning. Off-street parking. \$360 each. Internet and expanded basic cable available at reduced rate. Available 8-1-13.

CALL 507-458-5699

Interested in covering sports for the Winonan?

Contact Alyssa Griffith at
AGriffith09@winona.edu

Women's tennis finishes regular season with back-to-back wins



Photos by Bartholome Rondet/Winonan